NOTES ON MASTERBATION

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	Masturbation, auto-masturbation, self-indulgence, self-gratification

(Jesus understands sexual sin structures and habits and the demonic pressure that is sometimes relentless; However He is able to bring us to the place where it no longer has power over us. Just surrender it to Him and allow Him to bring you into healing so that you can come to a place of purity and if this takes months and months or however long it may be for you, then He will bring you forth to live from your spirit than your base urges or your primal instincts.)

SOME NOTES ON MASTERBATION

When I was in Bible College I listened to the teacher teach that she could not see in The Word that masturbation was a sin. I did not agree with this as I had written on the subject so I did the following study notes to prove to her that it was sin and becomes a sin structure that transgresses many laws of The Word – The Lord Jesus Christ - however I never gave them to her!

SELF:

Love/stimulation/gratification/abuse/defilement

It seeks a way of escape through the sin of lust.

A form of narcissism.

A self-centered sexual activity

SELF SEX:

Preoccupation to one's own sex organs and with orgasm.

A means of gratifying one's own un-submitted lust un-submitted will.

Mental sex.

Sexual fantasy with numerous peoples is the worship of pleasure rather than God.

SEXUAL SIN OF LUST:

Fantasy even if not focused on someone fixation on one's own sexual organs and sexual desires. It does not decrease sexual tension but increases it can develop into a compulsive habit for pleasure can cause guilt and or inferiority.

Question to ask yourself;

Am I a sexaholic?

Colossians 3:9 "Put off the old man with its deeds" - works of the flesh

Romans 8:4, 12-13 "walk in the Spirit"

Revelation 18:2-3 "Jezebels her cage of every unclean bird"

We are commanded to come out from her in Revelation least we receive of her plagues - some of her family of spirits are sexual sins/sexual perversion sins - unclean birds.

Ezekiel 8:12 "For they say, the Lord seeth us not"

Romans 7:15-25 "for that which I am doing, I do not understand; for I am not practicing what I would like to do, but I am doing the very thing I hate. But if I do the very thing I do not wish to do, I agree with the Law, confessing that it good."

"So now, no longer am I the one doing it, but the sin which indwells me. For I know that nothing good dwells in me, that is, in my flesh; for the wishing is presently in me, but the doing of the good is not. For the good that I wish, I do not do; but I practice the very evil that I do not wish. But if

I am doing the very thing I do not wish, I am no longer the one doing it, but sin which dwells in me. I find then the principle that evil is present in me, the one who wishes to do good."

"For I joyfully concur with the law of God in the inner man, but I see a different law in the members of my body, waging was against the law of my mind, and making me a prisoner of the law of sin which is in my members."

"Wretched man that I am! Who will set me free from the body of this death?"

Romans 6:12-14 "do not let sin control your puny body any longer; do not give in to its sinful desires. Do not let any part of your bodies become tools of wickedness, to be used for sinning; but give yourselves completely to God-every part of you-for you are back from death and you want to be tools in the hands of God, to be used for his good purposes. Sin need never again be your master, for now you are no longer tied to the law where sin enslaves you, but you are free under God's favor and mercy."

"Don't you realize that you can choose your own master? You can choose sin (with death) or else obedience (with acquittal). The one to whom you offer yourself-he will take you and be your master and you will be his slave. Thank God that though you once chose to be slaves of sin, now you have obeyed with all your heart the teachings to which God has committed you. And now you are free from your old master, sin; and you have become slaves to you new master, righteousness."

"so now you must let yourselves be slaves to all that is right and holy ... But now you are free from the power of sin and are slaves of God, and his benefits to you include holiness ..."

Romans 8:4-8 "So now we can obey God's laws if we follow after the Holy Spirit and no longer obey the old evil nature within us. Those who let themselves be controlled by their lower natures live only to please themselves, but those who follow after the Holy Spirit find themselves doing those things that please God. Following after the Holy Spirit leads to life and peace, but following after the old nature leads to death, because the old sinful nature within us is against God. It never did obey God's laws and it never will. That's why those who are still under the control of their old sinful selves, bent on following their old evil desires, can never please God."

"But you are not like that. You are controlled by your new nature..."

"So dear brothers, you have no obligation whatever to your old sinful nature to do what it begs you to do, for if you keep on following it you are lost and will perish, but if through the power of the Holy Spirit you crush it and its evil deeds, you shall live."

Galatians 5:16-21 "I mean this: if you are guided by the Spirit you will not fulfill the desires of your lower nature. That nature sets its desires against the Spirit, while the Spirit fights against it. They are in with one another so that what you will to do you cannot do. But if you are led by the Spirit, you are not under law. Anyone can see the kind of behavior that belongs to the lower nature: fornication, impurity, and indecency; ... drinking bouts, orgies and the like. I warn you, as I warned you before, that those who behave in such ways will never inherit the kingdom of God. But the harvest of the Spirit is ... goodness, fidelity ... self-control ... And those who belong to Christ Jesus have crucified the lower nature with its passions and desires. If the Spirit is the source of our life, let the Spirit also direct our course." New English Bible

<u>2 Corinthians 12:21</u> "I am afraid that, when I come again, my God may humiliate me in your presence, that I may have tears to shed over many of those who have sinned in the past and have not repented of their unclean lives, their fornication and sensuality." NEB

Ephesians 5:3-5 "fornication and indecency of any kind, or ruthless greed, must not be so much as mentioned among you, as befits the people of God ...For be very sure of this: no one given to fornication or indecency, or the greed which makes an idol of gain, has nay share in the kingdom of Christ and of God." NEB

Colossians 3:5 "Then put to death those parts of you which belong to the earth – fornication, indecency, lust, foul cravings, and the ruthless greed which is nothing less than idolatry. Because of these, God's dreadful judgment is impending; and in the life you once lived these are the ways you yourselves followed. But now you yourselves must lay aside all anger, passion, malice, cursing, and filthy talk – have done with them! Stop lying to one another, now that you have discarded the old nature with its deeds and have put on the new nature, which is being constantly renewed in the image of its Creator, and brought to know God."

Galatians 5:19

Greek – akatharisa means;

uncleanness"

Impurity"

"porneia "immorality"

Vines: Greek word in the context uncleanness means; impurity or filthiness in a moral sense;

Covering a wide variety of impure sexual practices; one being masturbation, an impure sexual practice.

Matthew 5:27-28 "You have learned this they were told, "Do not commit adultery." But what I tell you is this: If a man looks on a woman with a lustful eye, he has already committed adultery with her in his heart ... it is better for you to lose one part of your body than for the whole of it to be thrown into hell ..."

<u>1 Corinthians 7:8-9</u> "To the unmarried and to widows I say this: it is a good thing if they stay as I am myself; but if they cannot control themselves. Better be married than burn with vain desire."

He did not say "let him/her masturbate," but let him/her marry if he cannot control his sexual drive!

There is a choice for us women and men, either allow Covenant to be operative for the control of natural sexual drives, (our lower nature) to be brought to death under the Holy Spirit's power. Or keep it active in the way "as a man thinketh in his heart so he is" full of desire for sexual intercourse and or sexual pleasure.

Truth is we can control ourselves; we can put off the lower nature in our partnership with The Holy Spirit.

This is Covenant keeping us dead to self, dead to sin, dead to old man "by the Spirit we put to death the deeds of the body ... that it is no longer I that liveth, but Jesus that liveth in me."

Masturbation is a lack of self-control; it is not a way of self-control from fornication; but an excuse and escape to fulfill the desires of the flesh, in which we are asked not to walk, but to walk the way of The Spirit. We are asked to lay aside passion; we deceive ourselves if we think we cannot live without sexual pleasures or without an orgasm.

Sex and self-stimulation is a powerful force once engaged and awakened, it is forgivable, and there is our Great High Priest who sympathies with our weakness, with us being flesh, once we have awakened such a power.

But this power can be put back to sleep, and or kept asleep until the time for awakening; Such as consummation of a marriage and then to be enjoyed thereafter. Masturbation rarely satisfies the instinctive innate desire of us being "a suitable helper" to a man. Sex was created for partnership, not sole ship. Our sexual longings are associated with partnership; A part of the blue print of our being and the natural order of things and or laws from God.

Sex is a gift from God, not only for procreation, but an anointed intimate time for pleasure in a marriage making the man and woman "one flesh." (Genesis 2:24) Therefore implying intercourse initiates a marriage anything outside a legal marriage is an act of fornication.

Fornication is unacceptable and judged by God: "Marriage is honorable; let us all keep it so, and the marriage bond inviolate; for God's judgment will fall on fornicators and adulterers." Hebrews 13:4

"You have learned this they were told, "do not commit adultery." But what I tell you is this; If a man/woman looks on a woman/man with a lustful eye, he/she has already committed adultery with her/him in his/her heart ... it is better for you to lose one part of your body than for the whole of it to be thrown into hell ..." Matthew 5:27-28 [emphasis added here mine]

Jesus grace can provide a way of escape, for no temptation has seized man, which is uncommon to man, and he can provide a way to escape this temptation.

Instead of masturbation or fornication a way of escape, go to Jesus to covenant you by the power of His Holy Spirit to put off such practices. We are partakers of His Divine nature ... Ask yourself did or would Jesus Christ masturbate? If your answer is no, then should we bring our desires under the control of the Holy Spirit living a moral / holy life like Jesus did?

We know legalism cannot stop immorality and legalism addresses the "thou shalt not" and refuses to listen or consider the heart or do a work in the heart for it not to want to when it is told not to. For the un-regenerated flesh the don't do this, don't do that, you can't masturbate, you can't have sexual encounters outside of marriage will just heightens the temptation, stimulates the desires to do so and cause one to wonder about the forbidden fruit. But when the heart is changed and the Word lives richly in the heart we can choose not to anymore we surrender our self and our sensual desires to Jesus to rule in the central nervous system.

Sins like the imagining man/woman either those who are married or unmarried whilst masturbating, and or pornographic images to feed or aid masturbation is the transgression of fornication and ruled by lust and is Idolatry (Ephesians 5:5-6). The bottom line is pornography and any immoral imaginings for masturbation is for gratification of unbridled sexual desire and a lack of self-control and a work of the works of the flesh the base nature a sign of an unsettled soul (Galatians 5:16-21; 2 Peter 2:14) that is under the condemnation for breaking of the laws of God and or judged by The Word Himself even before your obedience is complete (2 Corinthians 10:6; Revelation 2:22; 2 Peter 2:14; Galatians 3:10; Ephesians 5:6; Colossians 3:6; 1 Corinthians 3:17; Deuteronomy 28:15) and or before you have had your heart changed by His work on your heart (Ephesians 2:2, 5:5-6; 2 Peter 2:14; Romans 7:1, 7:7; Isaiah 35:8). Remember our nurture of a relationship spirit-to-Spirit will cause us to want to bring these behaviors under His control and His capacity to change our heart to stop the act.

He can cause us to renew our mind necessary to cause us not to yield to such desires ...

"for where the Spirit of The Lord is there is liberty" to set us free from these lusts of the flesh or from this sin and other sins (Romans 8:13; 2 Corinthians 3:17).

"Be zealous, therefore, and repent" Revelation 3:19

Father, I want to totally overcome this/these sin structure(s), this/these bond(s) of iniquity, this/these transgression(s), this/these practice(s) of ______.

I confess I enjoy it and even believe I need to continue in it, I know I have been unwilling to lay it down, but I desire to be willing, I ask that You change my heart to will to desire to overcome and I trust in You as my source, ability and helper and healer and deliverer.

I ask that you enable me to come free from this bondage that I may be free, free indeed.

Father I confess, repent and renounce these transgressions of _____." 1. [Malligan 2012:41]

1. Malligan Kathleen M.D. *Understanding and Overcoming Homosexuality with Prayer Strategy* [Triumphant Ministries Toowoomba, www.triumphantministriestoowoomba.com.au 2012]